



REACHING NEW HEIGHTS

Climbing Wall Programs

Please check our website, www.whatcomymca.org or download our mobile App "Whatcom Family YMCA" to view our Climbing Wall Schedule.

All Climb Times

- Climbing is FREE to all YMCA Members
- Program members may climb with a day pass
- Climbing wall waiver must be signed by a parent/guardian before climbing
- Reservations may be made for Community & Certified Times, please call 360-733-8630.

Community, Open & Women's Climb Times

- Harnesses are provided (Community & Women's Climb Times)
- Staff assistance available. No experience necessary
- Certified Climbers encouraged to belay
- Women's Climb time will end on May 19 and resume again on September 8

Certified Time

- Top Rope certificate required. Climbers encouraged to provide their own belayers
- Top Rope Certification Fee (for experienced climbers). Annual Renewal Required:

\$5 YMCA Members
\$8 Program Members

Level 1 Climbing Class

For climbers with limited or no climbing experience. Focus on development of foundational skills. Must demonstrate Level 1 skills to move on to Level 2.

Active parent participation is encouraged.

AGES: 4 years & older
DAYS: Monday OR Wednesday
TIMES: 4:00-5:00pm 4:00-5:00pm
DATES: Apr 22-May 13 Apr 24-May 15
 May 20-Jun 17 May 22-Jun 12
 (no class 5/27) Jun 26-Jul 17
 Jul 31-Aug 21
 Sept 9-30 Sept 4-25
FEE: \$45/session YMCA Members
 \$60/session Program Members

Level 2 Climbing Class

Focus on taking skills to the next level by challenging climbers to improve and gain new movement techniques, climb routes and learn basic safety skills.

Active parent participation is encouraged.

AGES: 4 years & older
DAYS: Tuesday OR Thursday
TIMES: 4:00-5:00pm 4:00-5:00pm
DATES: Apr 23-May 14 Apr 25-May 16
 May 21-Jun 11 May 23-Jun 13
 Jun 25-Jul 16
 Jul 30-Aug 20
 Sept 3-24 Sept 5-26
FEE: \$45/session YMCA Members
 \$60/session Program Members

Intro to Outdoor Climbing

Learn how to rappel and the basics of top rope management. The last day of class will be a full day at Mt. Erie (transportation provided by the YMCA).

AGES: 16 years & older
DATES: Thurs, July 18: 4:00-6:30pm
 Sat, July 20: 8:30am-4:00pm
FEE: \$80 YMCA Members
 \$100 Program Members

Youth Outdoor Climbing Camp

This 4-day camp will improve climbing technique, confidence, safety and build character. No experience necessary.

Please bring a water bottle & lunch daily. Transportation and snacks provided.

AGES: 10-17 years old
DATES: July 8 - 11: 9:00am-4:00pm
DAYS: Monday - Thursday
FEE: \$260 YMCA Members
 \$280 Program Members

Climbing Team **NEW!**

Team will give participants the opportunity to build skills both indoors and out. Participants can sign up for one or two days a week. Space is limited.
Prerequisite: Climbing Club Coach approval required.

AGES: 10-17 years
DAYS: Mon. **AND/OR** Wed.
 No program July & August
TIMES: 5:00-7:00pm
FEE: 1x/week 2x/week
 Y Memb \$65/mth \$110/mth
 Prog Memb \$80/mth \$140/mth

Top Rope Certification Class

This class will teach the skills necessary to pass the top rope certification test including: knots, climbing safety, harnessing, climbing communication, belaying technique and equipment.

AGES: 13 years and older
DAYS: Monday
TIMES: 7:00-8:30pm
DATES: April 22 & 29 July 1 & 8
 May 6 & 13 Aug. 12 & 19
 June 3 & 10
FEE: \$30/session YMCA Members
 \$45/session Program Members

Climbing Club

Previous climbing experience required. Participants can sign up for one or two days a week. Space is limited.

Prerequisite: Climbing Club Coach approval required.

AGES: 10-18 years
DAYS: Tuesday **AND/OR** Thursday
 One day a week in July & August
TIMES: 5:00-7:00pm
FEE: 1x/week 2x/week
 Y Memb \$55/mth \$100/mth
 Prog Memb \$60/mth \$120/mth

WHATCOM FAMILY YMCA
www.whatcomymca.org

Bellingham Program Center
1256 N. State St, Bellingham
360-733-8630