



BUILDING BALANCE & STRENGTH

Youth Dance & Gymnastics Programs

DANCE CLASSES

All dance classes will hold a performance at the end of each session.
Costumes included in fees.

RISING STARS (4-6 years)

This class is designed for new and returning dancers to develop ballet literacy through technique, terminology and application.

BELLINGHAM

DATES: January 19 - March 9
March 23 - May 18 (no class 4/6)
DAYS: Saturdays
TIMES: 10:15-11:00am
FEES: \$100 YMCA Members
\$108 Program Members

SHOOTING STARS (6-9 years)

This ballet/jazz combo class introduces dancers to the glamour of jazz and the elegance of ballet by focusing on technique, placement, choreography and discipline.

BELLINGHAM

DATES: January 19 - March 9
March 23 - May 18 (no class 4/6)
DAYS: Saturdays
TIMES: 11:00-11:45am
FEES: \$100 YMCA Members
\$108 Program Members

HIP HOP (6-14 years)

Learn basic hip hop moves, rhythms and more in a fun, current and age appropriate environment.

BELLINGHAM

DATES: January 19 - March 9
March 23 - May 18 (no class 4/6)
DAYS: Saturdays
TIMES: 12:00-12:45pm
FEES: \$100 YMCA Members
\$108 Program Members

WHATCOM FAMILY YMCA
www.whatcomymca.org

Bellingham Program Center
1256 N. State St, Bellingham
360-733-8630

Lynden Program Center
100 Drayton St, Lynden
360-354-5000

GYMNASTICS CLASSES

GYMNASTICS/DANCE COMBOS (4-6 years)

This class will give your child a taste of both gymnastics and ballet in a fun, supportive environment.

BELLINGHAM

DATES: Jan. 19 - Mar. 9
March 23 - May 18
(no class 4/6)
DAYS: Saturdays
TIMES: 1:00-1:45pm

LYNDEN

DATES: March 21 - May 16
(no class 4/4)
DAYS: Thursdays
TIMES: 3:45-4:30pm

FEES FOR ALL SITES: \$100 YMCA Members
\$108 Program

GYM TOTS (18 mths-3 years)

A creative movement & gymnastics inspired class.

LYNDEN

DATES: March 25 - May 20
(no class 4/1)
DAYS: Mondays
TIMES: 4:00-4:30pm
\$40 Y Members
\$44 Prog. Members

TOTS (3-5 years)

Intermediate preschool gymnastics. Beam, bars & tumbling.

LYNDEN

DATES: March 25 - May 20
(no class 4/1)
DAYS: Mondays
TIMES: 4:30-5:15pm
\$80 Y Members
\$88 Prog. Members

STARS (6-14 years)

Intermediate/Advanced gymnastics and level 1&2 USA gymnastics skills.

LYNDEN

DAYS: <u>MONDAYS</u>	<u>THURSDAYS</u> (must be in Mon. class)
DATES: March 25 - May 20 (no class 4/1)	March 21 - May 16 (no class 4/4)
TIMES: 5:15-6:15pm	4:30-5:30pm
FEES: <u>One Day/Week</u> \$88 YMCA Members \$104 Prog. Members	<u>Two Days/Week</u> \$174 YMCA Members \$206 Prog. Members

STARS SUPREME (6-14 years)

Intermediate/Advanced gymnastics, instructor recommended, contact Kristina.

LYNDEN

DATES: March 21 - May 16
DAYS/TIMES: Thursdays, 5:30-6:30pm
FEES: \$88 YMCA Members \$104 Prog. Members