



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Tuesday/Thursday morning **WINTER CYCLING CLASSES**

BRRRRR!! When that nor'east wind blows it is chilly to get on the bike. So come indoors and ride with us!



**7:00–7:45am**

**Bellingham YMCA Cycling Room**

(Included in YMCA Membership. Bikes can be reserved up to 24 hours in advance, call 360-733-8630)

**Taught by Elodie**

**Whatcom Family YMCA Bellingham Program Center**

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360 733 8630 [www.whatcomymca.org](http://www.whatcomymca.org)