



# GROWING STRONGER AS A TEAM

## WHATCOM YMCA DOLPHINS SWIM TEAM

The Whatcom Family YMCA Dolphins Swim Team is designed for swimmers who wish to pursue competitive swimming in a fun and positive environment. The YMCA swim team staff is dedicated to give families involved in swim team a great experience while providing fitness and fun to children of all ages. We will strive to help each child develop a healthy, spirit, mind and body. We will help your child to gain self confidence, goal setting abilities, physical fitness and character. The following are our goals:

- We will help children reach their full potential as a swimmer.
- We will help children learn good sportsmanship and the purpose of being on a team.
- We will promote lifelong fitness.
- We will teach children the character development values of honesty, caring, respect and responsibility.

Swim Team is for Full YMCA Members only. WYD Dolphins are part of the Puget Sound Swimming Association, [www.pssswim.org](http://www.pssswim.org). For more information, contact David, [dmillican@whatcomymca.org](mailto:dmillican@whatcomymca.org)

	BELLINGHAM	LYNDEN
DAYS	Monday - Friday	Monday - Friday
TIMES	5:45-7:15pm	5:30-7:00pm
FEES	\$80/month	\$80/month

Must be a YMCA Member to participate

### WHATCOM FAMILY YMCA

Bellingham Program Center  
1256 N. State St, Bellingham  
360-733-8630

### [www.whatcomymca.org](http://www.whatcomymca.org)

Lynden Program Center  
100 Drayton St, Lynden  
360-354-5000