



GAIN SKILLS & CONFIDENCE

Martial Arts Programs

TAEKWONDO

	BELLINGHAM	FERNDAL
AGES	8 years - Adult	8 years - Adult
DATES	Aug. 1 - 31 Sept. 5 - 28 Oct. 1 - 29 Nov. 2 - 30 (no Nov. 21) Dec. 3 - 28 (no Dec. 24 & 26)	Aug. 2 - 30 Sept. 4 - 27 Oct. 2 - 30 Nov. 1 - 29 (no Nov. 22) Dec. 4 - 27 (no Dec. 25)
DAYS	Mon, Wed, Fri	Tues & Thurs
TIME	7:00-8:30pm	6:30-8:00pm
YMCA Members	Individual: \$37 Family: \$67	Individual: \$27 Family: \$57
Program Members	Individual: \$50 Family: \$90	Individual: \$40 Family: \$80



JUDO

Beginner to Advance Judo skills will be taught.

- AGES:** 8 years - adult
- DAY:** Tuesdays & Thursdays
- TIMES:** 7:30-9:30pm
- LOCATION:** Bellingham Program Center
- FEES:** FREE YMCA Members
Day Pass Non-Members

WHATCOM FAMILY YMCA

Bellingham Program Center
 1256 N. State St, Bellingham
 360-733-8630

www.whatcomymca.org

Ferndale Program Center
 5610 Barrett Rd, Ferndale
 360-380-4911