



GET IN THE GAME

Teen/Adult Sports and Leagues

ADULT BASKETBALL LEAGUES

3-on-3 Adult Basketball League

This is a call-your-own-foul league.

BELLINGHAM

AGES: 18 & older
DATES: September 9 - November 4
(no games October 7)
January 13 - March 3
DAY: Sundays
TIMES: 5:30-8:00pm
FEES: \$150/team
(\$35 late fee after deadline)
DEADLINE: August 31 & January 4

5-on-5 Adult Basketball League

This league will have officials.

BELLINGHAM

AGES: 18 & older
DATES: August 22 - October 3
October 17 - December 5
(no games November 21)
January 9 - February 20
DAY: Wednesday
TIMES: 6:00-10:00pm
FEES: \$250/team
(\$50 late fee after deadline)
DEADLINE: Aug 10, Oct. 5 & Dec. 28

RACQUETBALL OR SQUASH LESSONS

BELLINGHAM

Session is a 1-hour lesson.

AGES: 8 years - adult
DAYS: Please arrange with instructor
FEES: \$30 YMCA Members
\$50 Program Members

PICKLEBALL SKILLS CLINICS

Learn more about pickleball or improve your technique and skills

BELLINGHAM

AGES: 16 & older
DATES: September 6 - 27
October 4 - 25
November 1 - 29 (no 11/22)
December 6 - 27
DAY: Thursdays
TIMES: 9:00-10:00am
(Intermediate/Advanced players)
FEES: \$25 YMCA Members
\$35 Program Members
INSTRUCTOR: Robert Penney (Penn)

DOUBLES PICKLEBALL LEAGUE

Sign up as individuals. Doubles matches assigned weekly.

BELLINGHAM

AGES: 18 & older
DATES: September 10 - November 19
January 7 - March 18
DAY: Mondays
TIMES: 5:00-5:45pm (Beginner)
5:45-7:30pm (Intermediate)
7:30-9:00pm (Advanced)
FEES:

	Beg	Inter/Adv
Y Member	\$25	\$35
Prog. Member	\$45	\$65

COED VOLLEYBALL LEAGUE

This is a call your own foul league

LYNDEN

AGES: 18 & older
DATES: October 2 - November 20
DAY: Fridays
TIMES: 6:00-8:00pm
FEES: \$100/team
(\$35 late fee after deadline)
DEADLINE: June 1

ADULT DROP-IN FUTSAL

BELLINGHAM

AGES: Ages 14-Adult (ages 14-17 must be with a parent/guardian)
DATES: September 8 - December 15
(no program Nov. 24)
DAYS: Saturday
TIMES: 6:30-8:30pm
FEES: FREE YMCA Members
Day Pass for Non-Members

All participants must arrive between 6:30-6:55pm on Saturdays to gain admittance to the YMCA as this program take place after hours.

TEEN DROP-IN FUTSAL

BELLINGHAM & FERNDALE

AGES: Ages 14-18 years
SITE: Bellingham Ferndale
DATES: Sept 7 & 21 Sept 14 & 28
Oct 5 & 19 Oct 12 & 26
Nov 2 & 30 Nov 9
Dec 14 Dec 7
DAYS: Fridays Fridays
TIMES: 5:30-7:30pm 5:30-7:30pm
FEES: FREE YMCA Members
Day Pass for Non-Members

WHATCOM FAMILY YMCA

Bellingham Program Center
1256 N. State St, Bellingham
360-733-8630

Ferndale Program Center
5610 Barrett Rd, Ferndale
360-380-4911

www.whatcomymca.org

Lynden Program Center
100 Drayton St, Lynden
360-354-5000