



NINJA BOOTCAMP

Ninjas-in-Training will learn skills that help provide a strong foundation for play & safety, plus skills that promote movement, play & exploration all while reducing the risks of injury. We will provide a safe & fun learning environment for beginning parkourists and ninjas alike.

- Skills Include:**
- Wall Running
 - Jumping
 - Landing
 - Tumbling
 - Swinging
 - Rolling
 - Cartwheels
 - Vaults
 - Coordination

LEARN MORE
AND REGISTER



AGES 8-12

CLASS 1

WHEN: 1-2pm | Thurs, Aug. 24

WHERE: Studio One/4th Floor

COST: FREE | Pre-Register

CLASS 2

WHEN: 1-2pm | Thurs, Aug. 24

WHERE: Studio One/4th Floor

COST: FREE | Pre-Register

WHATCOM FAMILY YMCA

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