

July 19 - July 25

# YCLIMBING WALL™

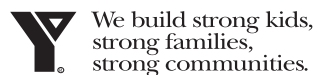
We build strong kids, strong families, strong communities.

## CLIMBING WALL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 9:00 Key Access Only	6:00 - 9:30 Key Access Only	6:00 - 3:00 Key Access Only	6:00 - 11:30 Key Access Only	6:00 - 9:30 Key Access Only	6:30 - 9:00 Key Access Only	
9:00 - 10:00 Rookies Class	9:30 - 11:00 PreK			9:30 - 12:30 Y's Kids	9:00 - 12:00 Family Climb Time	
10:00 - 6:00 Key Access	11:00 - 12:30 Key Access Only		11:30 - 12:30 Key Access Only			
	12:30 - 2:30 Discovery Camp		12:30 - 2:30 Discovery Camp	12:30 - 3:00 Key Access Only	12:00 - 4:00 Certified Climb Time	12:30 - 4:00 Certified Climb Time
	3:00 - 5:30 Key Access Only	3:00 - 4:00 Rookies Class	3:00 - 5:30 Teen Climb Time	3:00 - 4:00 Rookies Class		
		4:00 - 5:00 Youth Class		4:00 - 5:00 Youth Class	4:00 - 5:00 Super Heroes	4:00 - 5:00 Youth Class
	5:30 - 7:00 Family Climb Time	5:00 - 6:00 Youth Class	5:30 - 9:45 Certified Climb Time	5:00 - 6:00 Youth Class	5:00 - 6:45 Teen Climb Time	5:00 - 6:45 Women's Climb Time
6:00 - 8:00 Basic Top Rope Class	7:00 - 9:45 Certified Climb Time	6:00 - 7:00 Climbing Team		6:00 - 8:00 Family Climb Time		
8:00 - 9:45 Certified Climb Time		7:00 - 9:45 Certified Climb Time		8:00 - 9:45 Certified Climb Time		

Certified Climb Time may be canceled without prior notice if YMCA programming dictates.

For more information contact  
Fitness Coordinator, 733-8630



[www.whatcomymca.org](http://www.whatcomymca.org)

July 26 - August 1

# YCLIMBING WALL™

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## CLIMBING WALL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 9:00 Key Access Only	6:00 - 9:30 Key Access Only	6:00 - 3:00 Key Access Only	6:00 - 8:00 Key Access Only	6:00 - 9:30 Key Access Only	6:30 - 9:00 Key Access Only	
9:00 - 10:00 Rookies Class	9:30 - 11:30 PreK		8:00 - 10:00 Adventure Camp	9:30 - 12:30 Y's Kids	9:00 - 12:00 Family Climb Time	
10:00 - 4:00 Key Access	11:30 - 12:30 Key Access Only		10:00 - 12:30 Ray of Hope			
	12:30 - 2:30 Discovery Camp		12:30 - 2:30 Discovery Camp	12:30 - 2:30 Ray of Hope	12:30 - 3:00 Rebound Camp	12:30 - 4:00 Certified Climb Time
	3:00 - 5:30 Climbing Team	3:00 - 4:00 Rookies Class	3:00 - 5:30 Teen Climb Time/ Climbing Team	3:00 - 4:00 Rookies Class	3:00 - 5:00 Certified Climb Team	4:00 - 5:00 Youth Class
4:00 - 6:00 Climbing Team		4:00 - 5:00 Youth Class		4:00 - 5:00 Youth Class		
	5:30 - 7:00 Family Climb Time	5:00 - 6:00 Youth Class	5:30 - 9:45 Certified Climb Time	5:00 - 6:00 Youth Class	5:00 - 6:45 Teen Climb Time	5:00 - 6:45 Women's Climb Time
6:00 - 8:00 Basic Top Rope Class		5:00 - 7:00 Climbing Team		6:00 - 8:00 Family Climb Time		
	7:00 - 9:45 Certified Climb Time	7:00 - 9:45 Certified Climb Time				
8:00 - 9:45 Certified Climb Time				8:00 - 9:45 Certified Climb Time		

Certified Climb Time may be canceled without prior notice if YMCA programming dictates.

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August 2 - August 8

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## CLIMBING WALL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 9:00 Key Access Only	6:00 - 9:30 Key Access Only	6:00 - 3:00 Key Access Only	6:00 - 12:30 Key Access Only	6:00 - 9:30 Key Access Only	6:30 - 9:00 Key Access Only	
9:00 - 10:00 Rookies Class	9:30 - 11:00 PreK			9:30 - 12:30 Y's Kids	9:00 - 12:00 Family Climb Time	
10:00 - 4:00 Key Access	11:00 - 12:30 Key Access Only					
	12:30 - 2:30 Discovery Camp		12:30 - 2:30 Discovery Camp	12:30 - 3:00 Key Access Only	12:00 - 5:00 Certified Climb Team	12:30 - 4:00 Certified Climb Time
	3:00 - 5:30 Climbing Team	3:00 - 4:00 Rookies Class	3:00 - 5:30 Teen Climb Time/ Climbing Team	3:00 - 4:00 Rookies Class		
4:00 - 6:00 Climbing Team		4:00 - 5:00 Youth Class		4:00 - 5:00 Youth Class		4:00 - 5:00 Youth Class
	5:30 - 7:00 Family Climb Time	5:00 - 6:00 Youth Class	5:30 - 9:45 Certified Climb Time	5:00 - 6:00 Youth Class	5:00 - 6:45 Teen Climb Time	5:00 - 6:45 Women's Climb Time
6:00 - 8:00 Basic Top Rope Class		5:00 - 7:00 Climbing Team		6:00 - 8:00 Family Climb Time		
8:00 - 9:45 Certified Climb Time	7:00 - 9:45 Certified Climb Time	7:00 - 9:45 Certified Climb Time		8:00 - 9:45 Certified Climb Time		

Certified Climb Time may be canceled without prior notice if YMCA programming dictates.

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# Climbing Time Descriptions

## **Certified Climb Time**

During this time the climbers are expected to be self-sufficient (belay certified). Harness, shoes, belay devices are not provided but are available for rent. Guests using Certified Climb times before 6pm need approval from Climbing Coordinator to climb. There is no staff at the wall during these times. With enough notice staffing can be arranged so that guests may climb.

## **Family Climb Time**

This is the time for people that have had very little or no experience climbing. Harnesses and basic instruction are provided. Belaying is not and will not be taught during this time. Belay certified climbers are discouraged to climb during Family Climb Time. This is the time for 'beginners' to try out the wall.

## **Teen Climb Time**

This is a great opportunity for teens of any climbing experience level to come down and climb. Currently there is a large group of 'regular' teens that attend this time. Harnesses and basic instruction are provided. Belaying is not and will not be taught during Teen Climb Time. Kids from 6<sup>th</sup> - 12<sup>th</sup> grade may attend this climb time.

## **Key Access Climb Time**

An opportunity for advanced climbers to train and further develop their strength and skills.

**Free for YMCA Members.**

**Day Pass for Daily Members.**

*Participants must obtain Key Access Certification from Climbing Wall Supervisor, call 733-8630 for more information.*